



Ilouise le Roux

SPEECH-LANGUAGE THERAPY & AUDIOLOGY
SPRAAK-TAAL TERAPIE & OUDIOLOGIE

NEWSLETTER

HALLO SPRING

SEPT 2026



From Left: Zeenat Laher (Aud), Rene Engelbreght (Admin), Hardia Crous (Admin), Ilouise le Roux (SLT & Aud), Eugene le Roux (Family)

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TOGETHER WE CAN ACHIEVE MORE

*"Success isn't about how fast you move,
it's about moving forward together."*

Our team stepped out of the practice and into an exciting adventure by participating in the Expedition.org Adventure Challenge in support of the Free State Residential Care Centre. The challenge wasn't about who could run the fastest. Instead, it tested teamwork, communication, problem-solving and determination. Qualities that we strive to bring into our practice every day. Working together to solve riddles, complete challenges and reach each checkpoint reminded us that every great achievement starts with collaboration. Whether we're helping a child hear their first sounds clearly, supporting a family through hearing loss, or working together behind the scenes, teamwork remains at the heart of everything we do. We're grateful for the opportunity to support such a meaningful cause while creating wonderful memories together.

**Here's to many more adventures—both inside
and outside the practice!**

MAKING A DIFFERENCE AT BULTFONTEIN PRE- PRIMARY SCHOOL

Early identification makes all the difference.

Our team recently visited Bultfontein Pre-Primary School to conduct hearing and speech-language screenings for the learners. These screenings help identify children who may benefit from further assessment before small challenges become bigger obstacles in the classroom.

Early intervention can improve:

- Listening skills
- Speech and language development
- Learning readiness
- Classroom participation
- Confidence

Thank you to the staff and parents for welcoming us so warmly. We always enjoy working alongside schools to help children reach their full potential.





AUDIOLOGY TAKES CENTRE STAGE

A new focus on hearing, connection and quality of life

We are excited to share an important new chapter in our practice: Audiology is taking centre stage. While our practice has always been committed to supporting communication and development and will continue to do so, we are placing a stronger focus on hearing health and audiology services. We believe that good hearing plays a vital role in how we connect, communicate and experience the world around us.

Putting your hearing health first

At our practice, we believe that hearing is about so much more than simply being able to hear sounds. Hearing connects us to the people we love, helps us participate in conversations, keeps us engaged at work and school, and allows us to enjoy the sounds that make life special. That is why we are placing an even greater focus on audiology and comprehensive hearing care.



HEARING WELL, LIVING FULLY



Your Hearing Matters More Than You Think

Hearing loss can happen gradually, and many people don't realise how much their hearing has changed until it begins affecting their daily lives. You may find yourself asking people to repeat themselves, turning the television up, struggling to hear in restaurants, or finding conversations tiring. These can all be signs that it is time to have your hearing checked.

A professional hearing assessment is a simple, non-invasive process that allows us to understand your hearing and identify any areas of concern. Early identification means that we can provide the right advice and support before hearing difficulties begin to have a greater impact on your everyday life.

Finding the Right Hearing Solution

There is no “one-size-fits-all” approach to hearing loss. Every person has different hearing needs, lifestyle requirements and preferences. Modern hearing technology has come a long way. Today's hearing devices can be discreet, comfortable and highly personalised, helping people hear more naturally in the situations that matter most to them. Our goal is not simply to provide a hearing device — our goal is to help you communicate with confidence and reconnect with the sounds that matter to you.



PASIËNTGETUIGSKRIF

Van skepties tot 'n nuwe wêreld van hoor



Mev. Elizabeth Meyer het in April vir die eerste keer by ons praktyk aangekom vir 'n gehoortoets. Tydens haar konsultasie is gehoorapparate aanbeveel, maar sy was aanvanklik baie skepties. Haar ma en man het in die verlede nie goeie ervarings met gehoorapparate gehad nie en het uiteindelik verkies om dit nie te dra nie. Haar ma en man

het in die verlede nie goeie ervarings met gehoorapparate gehad nie en het uiteindelik verkies om dit nie te dra nie. Dit het haar verstaanbaar huiwerig gemaak om self die stap te neem. Ná deeglike verduideliking en inligting van ons oudioloog oor die voordele van moderne gehoorapparate, asook die verskillende tegnologievlakke en opsies wat beskikbaar is, het Mev. Meyer in Junie besluit om vir 'n proefpassing in te kom.

Die geleentheid om self te ervaar...

Tydens die proef afspraak is verskeie gehoorapparate aan haar verduidelik en aangepas volgens haar spesifieke gehoorverlies — en, belangrik, volgens haar alledaagse luisterbehoefte. Mev. Meyer werk onder andere met pasiënte in groepe, waar dit noodsaaklik is om almal duidelik te kan hoor. Dit was een van die situasies waarmee sy voorheen gesukkel het. Sy het besluit om die Signia Styletto-gehoorapparate huis toe te neem vir 'n proefperiode. Dit het haar die geleentheid gegee om die appaarte in haar eie omgewing te ervaar en die verskillende beskikbare programme in haar daaglikse lewe te gebruik.

Van proefperiode tot 'n nuwe begin...

Met haar terugkeer was Mev. Meyer aangenaam verras oor die verskil wat die gehoorapparaat reeds gemaak het. Sy kon eerstehands ervaar hoe dit haar vermoë om te hoor verbeter het en hoe makliker sy aan gesprekke kon deelneem. Sy het daarna besluit om met die Signia Styletto voort te gaan, en binne 'n maand is sy met haar eie stel gehoorapparaat gepas.

MEV. MEYER SE EIE WOORDE

"Vanaf my eerste afspraak vir 'n gehoorapparaat by Zeenat, kan ek net getuig van die goeie gehalte behandeling wat ek ontvang het. Ek is betyds in die wagarea ontvang, en die atmosfeer was ontspanne, wat baie belangrik is in onbekende situasies. Instruksies is goed verduidelik en, indien nodig, herhaal. Vrae is met geduld beantwoord. Die hele proses om uiteindelik 'n gehoorapparaat te kry, was goed georganiseer, en ek voel gemaklik om my apparaat te hanteer. Ek sal enige iemand aanbeveel om die praktyk te besoek vir hul audiologiebehoefte!"

Mev. Meyer is gepas met 'n Signia Styletto IX gehoorapparaat.



AUDITORY REHABILITATION THERAPY FOR CHILDREN & ADULTS

"Hearing technology gives a patient access to sound, but learning to listen gives that sound its meaning."

We are privileged to offer Auditory rehabilitation Therapy at our practice through our practice owner, **Ilouise le Roux**. She is one of only six therapists in South Africa who has qualified as a certified Auditory verbal therapist by the AG Bell Academy.



What is Auditory-Verbal Therapy?

Auditory-Verbal Therapy is a evidence based early intervention approach for infants, toddlers and young children with hearing loss and their families. Specific strategies is applied in order to promote the optimal acquisition of spoken language develeped primarily through listening. Listening becomes a major force in nuturing the childs personal, social, and academic life.

Hearing and Communication under one roof.

Ilouise's unique combination of Audiology and Speech-Language Therapy allows her to look beyond simply asking, "Can you hear?" and consider, "Can you listen, understand and communicate?" From a child's first steps into the world of sound to an adult reconnecting with conversations and everyday sounds, Auditory-Verbal Therapy (AVT) and Aural rehabilitation helps turn access to sound into meaningful communication.

CELEBRATING CORNELIA

"Once part of our team, always part of our story."



Totsiens maar nie vaarwel.

Vir byna 6 jaar was Ilouise le Roux Spraak-taalterapie en Oudiologie praktyk, nie net 'n werksplek nie, maar 'n veilige vesting – my tweede huis en familie. As 'n groentjie net na my gemeenskapsdiens, het Ilouise 'n werksomgewing geskep waarin ek my passie kon uiteleef, my vaardighede kon ontwikkel en met selfvertroue kon groei. Ek het soveel geleer en gegroei – nie net as spraak-taalterapeut nie, maar ook as mens. Die samewerking, vriendskappe en alledaagse oomblikke saam met die span sal ek vir altyd koester. Ek is opreg dankbaar vir die voorreg om met soveel wonderlike pasiënte en families te kon werk en 'n verskil te kon maak, hetsy by die praktyk of hospitaal.

Elke persoon het op sy/haar eie manier my herinner waarom ek hierdie beroep gekies het. Alhoewel dit bitter moeilik is om afskeid te neem, sien ek uit na 'n nuwe hoofstuk in my loopbaan. Ek verlaat die praktyk met 'n hart vol dankbaarheid, kosbare herinneringe en groot waardering vir alles wat ek hier beleef het. Ek wens die praktyk en sy mense alle voorspoed en sukses toe vir die toekoms.

"How lucky I am to have something that makes saying goodbye so hard."
— A.A. Milne

–Cornelia

A Thank You From Us

Cornelia, thank you for the kindness, dedication and care you have given to our patients and our team over the years. You have been an important part of our practice, and you will certainly be missed. We wish you every happiness and success in this next chapter.

IMPORTANT AWARENESS DAYS FOR SPEECH & HEARING

8 September

International Literacy Day

Promoting literacy, language and communication.

20–26 September

International Week of Deaf People.

Raising awareness and celebrating Deaf communities.

21 September

World Alzheimer's Day

Raising awareness of Alzheimer's disease and supporting individuals, families and caregivers.

23 September

International Day of Sign Languages

Celebrating South African Sign Language and inclusive communication.

1 October

International Day of Older Persons

Highlighting healthy ageing and the importance of hearing.

10 October

World Mental Health Day

Recognising the connection between communication, hearing and wellbeing.

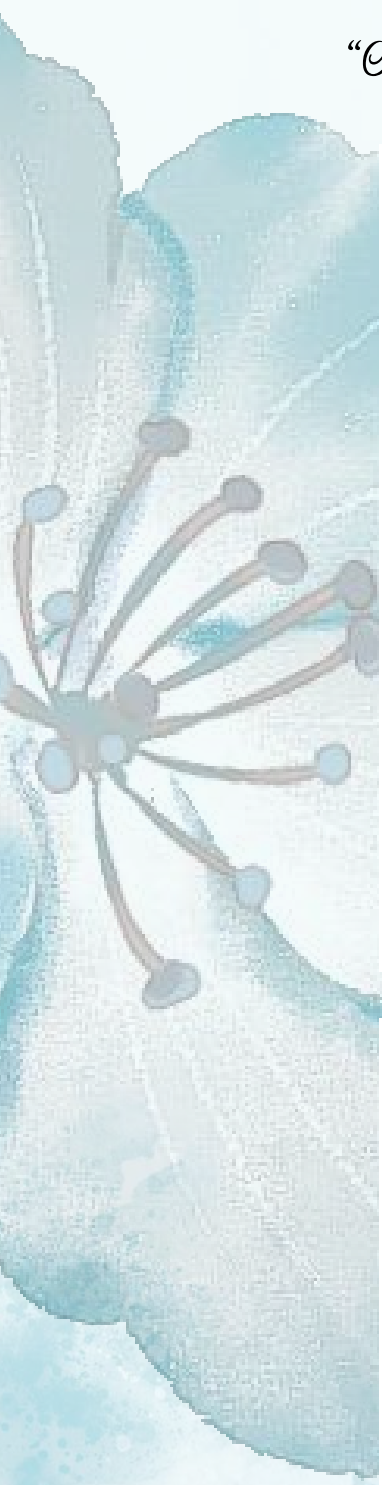
22 October

International Stuttering Awareness Day

Promoting understanding, acceptance and support for people who stutter.

LETS PLAY...

"It is a happy talent to know how to play."



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UNTIL NEXT TIME...

*"Sometimes the smallest moments
become the biggest memories."*

Thank you for taking the time to read
our newsletter and for allowing us to
be part of your journey.

We hope you enjoyed this edition
and found something useful,
interesting or simply enjoyable along
the way.

From our team to you — thank you
for your continued support.

We look forward to seeing you again!

Ilouïse le Roux

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